

The Certified Wheatgrass Producer from Turkiye





## ABOUT US

Ancient Greens was created in 2018, with a purpose to help people reach a better quality of health through a simplified approach of consuming wheatgrass. We, as a cretified wheatgrass producer, specialize in quality agricultural practices and preserve the integrity of our farm, workers and production.

We develop wheatgrass products from farm to your table, completely conserving their nutritional value with a focus on environment-friendly and ethical production.

We never use chemicals or preservatives but only heirloom seeds, permaculture soil and full spectrum sunlight



# WHY WHEATGRASS?

The combination of vitamins and nutrients in wheatgrass juice, create antioxidant, antibacterial and anti-inflammatory properties to enhance your well-being.. We recommend wheatgrass juice powder as the first thing in the morning, three hours after your meal, after working out to replenish your body, or before your work-out to feel uplifted and energised.

POTASSIUM

AMINO ACIDS

VİT A

VIT B COMPLEX

VIT C

VİTAMİN K,

VIT E (ALPHA

TOCOPHEROL)

**ENZYMES** 

CHLOROPHYLL

**THIAMIN** 

RIBOFLAVIN

NIACIN

VITAMIN B6

PANTOTHENIC ACID

IRON, ZINC

COPPER

**MANGANESE** 

SELENIUM.

**PROTEIN** 



#### SCIENTIFICALLY STUDIED

preliminary and blind study trials supporting health claims that wheatgrass help to cure and prevent diseases.





#### DIGESTION

Enzymes aid digestion and help to regulate bowel movement.



#### NUTRITIONAL PROFILE

A complete nutritional profile vitamins, minerals, aminoacids, enzymes, chlorophyll

#### **BLOOD BUILDER**

Wheatgrass contains 70% chlorophyll. Acting like hemoglobin- the protein in red blood cells that transports oxygen- it helps to increase oxygen levels in the body.



#### ENERGY

Works on a cellular level, quickly energises the body by fulfilling nutritional deficiencies and removing waste that clogs your cells, blood, tissues and organs.



Protects and boosts the immune system by filtering the body with vitamins,minerals, complex,amino acids, antioxidants, chlorophyll, enzymes and phytonutrients .



### THE BENEFITS



#### **PROTEIN**

Wheatgrass is extremely rich in protein, and cointains 17 aminoacids, the building blocks of the protein..



Natural detoxifier aiding the colon to better remove toxins and heavy metals.



### WEIGHTLOSS

Regulates digestion, regulates bowels due to high magnesium. Gives more energy and higher extraction of the nutrients.



#### CHLOROPHYLL

Wheatgrass is one of the best sources of living chlorophyll. (Structurally it's very close to hemoglobin. Read more below)





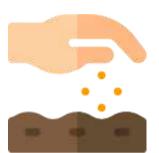
# THE PRODUCTION





### SUNLIGHT

We believe sun light flues plants with exactly what they need to be healthy and grow naturally. This full spectrum of sun light converts into food for plants and allows to maximise photosynthesis and light absorbing chlorophyll and phytochemicals as they grow.



#### SEEDS

Ancient greens only use's heirloom seeds that have been passed down from generation to generation. In most recent years, research has shown that heirloom seeds are more nutritious then newer Hybrid or GMO varieties. They provide more taste because no chemicals have been used during their production.



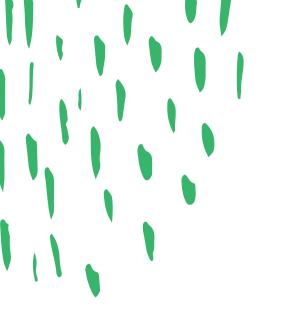
### PERMACULTURE SOIL

Our attention to PH levels and a controlled water drainage system allows the roots to thrive in the soil without compromising growth. Our soil has been fed minerals and organic matter over the past four years ensuring the soil is at the highest quality.



### THE PROCESS

Our juice is farm grown in nutrient/mineral dense and chemical free soils. Once harvested at its peek growth point, the plants are instantly cold pressed juiced and flash frozen to help preserve maximum amount of nutrients and bio activity.



# ANCIENT GREENS PRODUCTS



### WHEATGRASS JUICE POWDER

Preserved nutrition, taste, color and aroma



#### **GREEN MIX POWDER**

A blend of greens like spinach, fresh chickpeas, mint, wheatgrass juice



#### RED POWER

A blend of highly antioxidant red, dark purple veggies and fruits.



#### GINGER MIX

A blend of ginger, lemon and wheatgrass juice powder. An immune booster

# PRODUCTS: UPCYCLING



#### WHEAT STRAWS

After the heirloom seed harvest, wheat straws are sterilized in a food-grade manner and offered as an alternative to single-use plastic straws. In this recycling process, the burning of wheat straws, which could harm the environment, is also prevented.

#### WHEATGRASS SOAP



The pulp, along with daphne oil and olive oil from Antakya, are transformed into soap as part of an upcycling activity. The soap, produced through the cold process, is entirely natural and provides external support to skin health with the benefits of chlorophyll found in wheatgrass.

### WHEATGRASS JUICE POWDER

- Highly concentrated
- Freeze Drying technology
- Permaculture soil, no pesticides

- Blend of heirloom seeds
- Full spectrum natural sunlight
- Sustainable production model

INGREDIENTS: 100% Wheatgrass Juice

- Vegan
- No Gluten
- Non GMO
- Natural Ingredients
- No sweeteners or added sugar
- Can be added to juices, smoothies, smoothie bowls, cocktails, mocktails, pastries, and desserts

• Registration number: TR-27-K-023239

Dietary Supplement number: 014888-14.10.2022

- ISO 9001 and 22000 certified
- Laboratory tested

AVAILABLE IN PRE-PORTIONED SINGLE SACHETS FOR 24 SERVINGS
OR
IN CONTAINERS FOR BULK SIZE





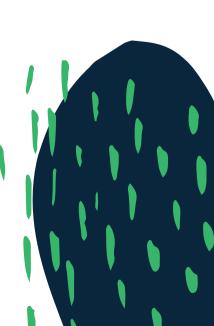
## HOW TO USE?

Tear open a single portion sachet

- Pour it in a glass and add desired amount of water
- 3 Stir thoroughly and drink when completely dissolved

























### HOW TO COMBINE

Wheatgrass Juice Shot
Smoothie bowls I chia-pudding I Ice creams
Soups I Dips I Dressings/Saucesi
Ice-Teas I Juices I Smoothies I Cold Lattes
Cocktails/Mocktails

### DRINK YOUR GREENS:

### GREEN MIX

- Local produce
- Freeze Drying technology
- Permaculture soil

- Highly nutritious
- Adaptable to recipes
- Sustainable production model





### INGREDIENTS: Spinach, Lemon, Apple, Fresh Chickpeas, Mint, Wheatgrass Juice Powder

- Vegan
- No Gluten
- Non GMO
- Natural Ingredients
- No sweeteners or added sugar
- Can be added to juices, smoothies, smoothie bowls, cocktails, mocktails, pastries, and desserts

- Registration number: TR-27-K-023239
- ISO 9001 and 22000 certified
- Laboratory tested



AVAILABLE IN PRE-PORTIONED SINGLE SACHETS FOR 10 SERVINGS

OR

IN CONTAINERS FOR 30 SERVINGS



### ANTIOXIDANT POWERHOUSE

### RED POWER

- Local produce
- Freeze Drying technology
- Permaculture soil

- Highly nutritious
- Adaptable to recipes
- Sustainable production model





# INGREDIENTS: Black Mulberries, Chokeberries, Beetroot, Purple Carrot, Wheatgrass Juice Powder

- Vegan
- No Gluten
- Non GMO
- Natural Ingredients
- No sweeteners or added sugar
- Can be added to juices, smoothies, smoothie bowls, cocktails, mocktails, pastries, and desserts

- Registration number: TR-27-K-023239
- ISO 9001 and 22000 certified
- Laboratory tested







### İMMUNE SUPPORT:

### GINGER MIX

- Local produce
- Freeze Drying technology
- Permaculture soil

- Highly nutritious
- Adaptable to recipes
- Sustainable production model



- Vegan
- No Gluten
- Non GMO
- Natural Ingredients
- No sweeteners or added sugar
- Can be added to juices, smoothies, smoothie bowls, cocktails, mocktails, pastries, and desserts

- Registration number: TR-27-K-023239
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ANCIENT GREENS

GINGER MIX

# WHEAT STRAWS

- Obtained from heirloom wheat harvest
- No Gluten

- Food Grade
- Does not get soggy
- Biodegradable

An eco friendly alternative to plastic straws!

2 sizes:

Tall - 20cm

Short-15 cm

- ISO 9001 ve 22000 certified
- Laboratory tested

Upcycled Wheat stalks

Available in packs of 50 and wholesale options for 5,000 units and above





### WHEATGRASS SOAP

- Hand made
- Vegan
- 100% natural

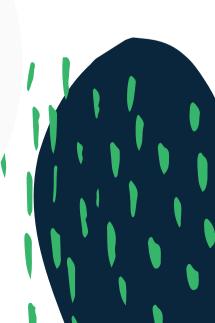
- Local Ingredients
- Cold processed
- Can be used for hands, face and body

Ingredients: Olive oil, Daphne oil, Wheatgrass

Wet weight: 100 grams







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